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## Calendar for Check-ups and Vaccinations (According to the recommendations of the German vaccination commission "Ständige Impfkommission STIKO")

Age of Child:	Recommended Vaccinations and Check-ups
4 weeks	Check-up U <sub>3</sub> including ultrasonic diagnosis
3rd month	Check-up U <sub>4</sub> , 6-fold vaccination (tetanus, diphtheria, whooping cough, polio, haemophilus influenza B, hepatitis B), Rota-Virus-Vaccination
4th month	6-fold vaccination, pneumococcus vaccination, Rota-Virus-Vaccination
5th month	6-fold vaccination
6th month	Check-up U <sub>5</sub> , pneumococcus vaccination.
12th month	Check-up U <sub>6</sub> , first vaccination against measles, mumps, rubella, chicken pox
13th month	Meningococcus vaccination
14th month	Second vaccination against measles, mumps, rubella, chicken pox
15th month	6-fold vaccination, pneumococcus vaccination
Prior to 2nd birthday	Check-up U <sub>7</sub>
Prior to 3rd birthday	Check-up U <sub>7a</sub>
Prior to 4th birthday	Check-up U <sub>8</sub> (please make an appointment two months in advance)
Shortly after 5th birthday	Check-up U <sub>9</sub> (please make an appointment two months in advance)
6 years	Booster inoculation
7 – 8 years	Check-up U <sub>10</sub>
9 – 10 years	Check-up U <sub>11</sub>
11 years	Booster inoculation
12 – 14 years	Youth check-up J <sub>1</sub> , vaccination against HPV

Adults should also be vaccinated regularly, especially if in close contact to babies or children. Show your children that you are "a hero"!